



## Douglas "Douger" Michael Kolb

November 20, 1965 - March 3, 2014

Douglas Kolb Age 48 of Imperial, MO. Beloved son of Doug and Donna Kolb; loving father of Michael Douglas Kolb; loving brother & brother-in-law of Kelly and Andy Quinones; loving uncle of Drew and Jenna Quinones; loving nephew of Barb Sutton and the late Catherine McCann; dear cousin and friend to many.

As you know, Douger was quite active in any kind of sports activity available. Just a few activities and accomplishments were: 4-yr. Varsity football letter winner – 1985 Conference champs – Truman State University; St. Louis Gamblers semi-pro football minor league – 1989 Super Bowl Champions; St. Louis Elite Steelers touch football – 2005 National Champions; Class A, Major fast-pitch Softball National and World Championship qualifiers (1990-2005); State Championship qualifiers, Baseball/Football, 4-year Varsity Ice Hockey – All conference (1980-1984).

As a dedicated Personal Trainer and Exercise Specialist, his object and passion in life was to assist and train individuals in fitness, strength and conditioning, health and wellness.

His love of music was widespread since he had every CD imaginable, but he was a great fan of the Grateful Dead, Eric Clapton, Jerry Garcia, Don Henley of the Eagles, Blues music of any kind and even The Beatles.

Since Douger was also involved in helping children to become the best they could be, in lieu of flowers, memorials may be made to the St. Louis Cardinal's Care, 700 Clark St., St. Louis, MO 63102, or to the St. Louis Diabetes Assn. in

his name.

Douger has been taken away too soon for us to grasp, but he will never be forgotten because of all the great, fun and crazy memories he has left us. I'm sure anyone who knew him, has a story to tell.

We thank God we had him for 48 years. He will always be in our hearts.

# Previous Events

## Memorial Gathering

MAR 8. 10:00 AM - 11:30 AM (CT)

Archway Memorial Chapel  
111 Taylor Road  
Hazelwood, MO 63042  
(314) 895-3900  
[info@archwaychapel.com](mailto:info@archwaychapel.com)

## Memorial Service

MAR 8. 11:30 AM - 12:00 PM (CT)

Archway Memorial Chapel  
111 Taylor Road  
Hazelwood, MO 63042  
(314) 895-3900  
[info@archwaychapel.com](mailto:info@archwaychapel.com)

# Tribute Wall

NG

“ *As good a trainer as Doug was, he was a better person who cared very much for his clients. Learning of his passing, was an incredible shock. May he rest in peace, we will never forget him.*

---

**Nick Guinta** - April 02, 2014 at 01:24 AM



“ *I only knew Doug for a brief time when he was a personal trainer at the Center of Clayton. Doug seemed to enjoy what he did, and had a good way with his clients. I am still in shock over his passing, and express my deepest condolences to his friends and family.*

*Lauren Rubin*

---

**Lauren Rubin** - March 13, 2014 at 07:43 PM

TF

“ *From all Douger's family and friends.*

*Words can't express our thanks to each and everyone of you for your overwhelming thoughts and prayers for Douger.*

*We really have to thank Douger for giving us these great memories. He's at home now and resting peacefully. Thanks again for the great turnout in his memory. It's comforting to know how much he was loved.*

*The Kolb Family*

---

**The Kolb Family** - March 09, 2014 at 10:10 AM

MV

“ Heartfelt thoughts and prayers go out to you and your family at this time...I am so, so, sorry to hear about your loss. Mike Votruba

Mike Votruba - March 08, 2014 at 07:15 PM

KE

“ We are forever indebted to Doug for all the things he taught us as our personal trainer for several years in the early 2000's. We started working out with Doug at a gym on Clayton Road just west of Lindbergh. He then helped us set up a gym in our home and trained us there. Doug taught us so much about our overall health and nutrition, and he guided our workouts for many years. He was a great guy, a kind soul, and a very caring father.

Ken and Carole Chackes  
University City

Ken - March 08, 2014 at 09:57 AM

TD

“ Doug and Donna...  
I am so sorry to hear about Doug. I had not kept in close contact with him, but a few months after we moved into your house on Jana.. I hear a knock on the door and guess who it was? Doug he wanted to check a few of his hiding places in the basement, and what was so funny is that I was like sure come on in. May God be with you and your are in my thoughts and prayers.

Chris and Tina Durham



Tina Durham - March 07, 2014 at 08:20 PM

JH

“ Doug was my roommate when we traveled for the Steelers and Elite football. Doug, myself, Gene Blazer, and Tod Fagan had a blast together!

*I will never forget his smiling face and the way could crack me up!*

---

**Jeff Hardie** - March 07, 2014 at 08:01 PM

ES

“ To the family of Doug,

*Although I had not kept in close with Doug over the years, I still have vivid memories of Doug as a teammate and friend at NMSU (Truman State U). I always enjoyed and admired his sense of humor and his approach to life. This tragedy has made me stronger thinking about life and how short and sweet it can be. Also, to be closer to the friends of past years . Doug and our other teammates were a very important part of our lives. He will never be forgotten . God bless the entire Kolb family and I'm sure he's with God kicking field goals and laughing it up!*

*Ed Stowe  
College team mate and friend*

---

**Ed Stowe** - March 07, 2014 at 05:58 PM

KW

“ Our heartfelt sympathies to all those who are grieving the loss of Doug. I have many wonderful memories of Doug that I will always cherish. The Berans know all too well what you are going through, so please know that you have lots of people praying for you.  
*Kelly Beran Weiss*

---

**Kelly Beran Weiss** - March 07, 2014 at 02:46 PM

TH

“ *Mr and Mrs Kolb, i have felt so sad the last few days after hearing about Doug. I live far away now but thru facebook i was able to reconnect a few months ago. instead of being on the computer Doug just picked up the phone and called. It was great to hear his voice and we talked for a long time like old friends. I was so happy he picked up that phone and reached out but that is Doug. He quizzed me for a long time about me and my family. All of us Bulldogs have lost a dear teammate. So sorry for your loss.*

*Regards,*

*Todd Hart*

---

**Todd Hart** - March 07, 2014 at 11:48 AM

RR

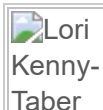
“ *Doug and Donna all of who new doug have lots of good memories, thru little league,high school and the Gamblers. He was a pleasure and always had that smile of his. You will miss him this I know I lost Eric 3/17/2013 and so far I miss him every day, I pray alot and it gets me thru my days. My heart goes out to all who will miss him.*



*Rita Robin*

---

**Rita Robin** - March 07, 2014 at 11:39 AM

Lori Kenny-Taber

*Prayers to you, Rita, as you approach the first anniversary of Eric's death. We're losing way to many kids from the "old neighborhood". God Bless*

---

**Lori Kenny-Taber** - March 07, 2014 at 12:56 PM

JS

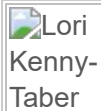
“ *Doug and Donna we are so sorry to hear about Douger and share your pain knowing the depth of sadness in losing a child, no matter the age. After losing Cindi in 2005 we can only tell you it gets tolerable but never easier. The memories can sustain you and faith in God will bring you strength.*

*God Bless,*

*Jeanne and Jim Sitz*

---

**Jeanne and Jim Sitz** - March 07, 2014 at 09:02 AM



*Jeanne and Jim.....our class misses Cindi very much, too. God Bless You.*

---

**Lori Kenny-Taber** - March 07, 2014 at 12:53 PM

SF

“ *Donna and Doug,  
I am so saddened to hear of Douger's passing. I remember him more from his much younger years of Baseball and Hockey. You were very dedicated parents to his love of sports and it has followed him all through his young life. What a great inspiration he has been to so many. Prayers of comfort for you and your family.  
Shirley Dallman (Van Middlesworth)*

---

**Shirley Dallman Cocoa Beach, FL** - March 07, 2014 at 08:55 AM

JS

“ *Jeanne And Jim Sitz lit a candle in memory of Douglas "Douger" Michael Kolb*



---

**Jeanne and Jim Sitz** - March 07, 2014 at 08:54 AM



“ *Dennis Doss lit a candle in memory of Douglas "Douger" Michael Kolb*



---

**Dennis Doss** - March 06, 2014 at 11:40 PM

BR

“ *In memory & honor of our cousin who will always be remembered. Our thoughts and prayers are with the entire Kolb family at this time. May he rest in peace in God's loving care.*  
*Fred & Bonnie Radford*

---

**Bonnie Radford** - March 06, 2014 at 07:40 PM

LO

“ *One of the best days of my life was when I met you Douger, even if you were the meanest trainer around. I am a better person because you touched my life. We shared so many laughs and I will miss you dearly. I feel you in my heart, I love you and I know you loved me well. Rest in peace, you have been searching for it for so long now.*  
*Lynn*

---

**Lynn Oliver** - March 06, 2014 at 07:03 PM

CT

“ *Too Many to count.  
I remember , the times the band members got on the field to do ,  
what needed to be done. He encourage us to be what , he knew us  
to be. For those of u who may not know. I played the Xylophone ,  
Chimes and Triangle. I am glad to be a band member and pep club  
member to support the football, soccer, basketball players and cross  
country. I had him , in a few of my classes and he ALWAYS had  
good words to say,*

*Christine G Teske*

---

**Christine G Te** - March 05, 2014 at 09:15 PM




“ *Gift of Grace Bouquet was purchased for the  
family of Douglas "Douger" Michael Kolb.*



---

March 05, 2014 at 09:13 PM

 Lori  
Kenny-  
Taber

“ *On behalf of the entire Hazelwood Central  
Class of 1984, I'd like to extend our deepest  
sympathies to you and the entire Kolb family  
on the loss of our beloved classmate.*



*PS-I still have fond memories of a few special things like parties in  
your basement (I can still picture your basement clearly), like Doug  
and Ethan Merritt coming over to our house to swim after football  
practice back in like 9th grade!!! And of Doug introducing me to Tim  
Kluner who became my 8th grade boyfriend May you find peace in  
the memories, too.*

---

**Lori Kenny-Taber** - March 05, 2014 at 06:53 PM



Joseph Ringling

*Too many good memories of Doug to list. He was always a gentleman and had a deep passion for sports. He carried on that passion for years in his professional life. Many athletes and fellow trainers, coaches and former co-workers have come forward to express their sadness at his sudden loss.*

*To the Kolb family and friends, my sincerest condolences.*

**Joseph Ringling** - March 07, 2014 at 10:04 AM



*“ Our memories of Doug will always remain with us. Our love and prayers go out to you. Love you! Lauri Girl*



**Lauri Erickson-Rainwater** - March 05, 2014 at 06:53 PM



*“ Kenneth McGhee And Archway Staff lit a candle in memory of Douglas "Douger" Michael Kolb*



**Kenneth McGhee and Archway Staff** - March 05, 2014 at 06:26 PM