



Helen T Cheeks

June 18, 1938 - November 14, 2024

Helen T. Cheeks

A mother, wife, great grandmother, sister, aunt and great aunt, Helen Teresa

Cheeks was born June 18, 1939 in Tullahoma, Tennessee. She was the oldest of

11 kids. She is survived by her sisters; Antoinette and Charity, Her friends called her Teresa, and all would attest that she lived an extraordinary life. She put her heart and soul into being a good wife, mother and family woman.

She and her beloved husband Curtis met when she was 16. They began a family and were married. She had aspired to be a nurse, but went back and finished school attaining a GED. She worked for the US Postal Service until retirement. In 2014 she lost the love of her life and had cared for him during

his

sickness. Together they had four sons: She is survived by her four sons
Barry

(Hassan) Lamar Cheeks, Taalib (Tahira) Abdul-Malik (Mark Cheeks), Kevin

(Abdullah) (Helen Cheeks) Lamar Cheeks, Muhktar (Kalthoum Hamdouch)

Abdul-Malik (Christopher Cheeks), siblings Antionette King, Charity, Walter

King, and Bryan King. 8 grandchildren, 11 great-grandchildren and 2 great

great-grandchildren and many loving family and friends.

We close with this note:

Walk With Certainty And Purpose

When you take a step towards The Most Loving, you are also turning your
back

on the world. He will not leave you alone, He will provide His Divine Care for

you. He is with you every step of the way. You may appear alone but He is

always with you. A wise righteous man (May God be pleased with him)
reported that the

Prophet (May the peace and blessings of God be upon him) said that God,

Exalted is He, says, "And if he or she comes to Me walking, I go to him/her
with

speed."

Cemetery Details

National Cemetery - Jefferson Barracks

2900 Sheridan Rd
St. Louis, MO 63125

Previous Events

Graveside Service

NOV 15. 10:45 AM (CT)

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2900 Sheridan Rd
St. Louis, MO 63125

Tribute Wall



“ 1 file added to the album Mom



Taalib - December 01, 2024 at 01:50 PM