



Rita Anne von Harz

May 10, 1948 - July 9, 2016

Rita von Harz, 68, of St. Louis worked as a truck dispatcher. Left with cherished memories are her daughter Elizabeth Cotton; siblings Shirley (Robert) Chenoweth -Kansas City,MO, Delores (Jerry) Tyler, and Benjamin von Harz; grandsons Jason, Christian and Kyle Cotton; other relatives and friends.

Previous Events

Visitation

JUL 15. 4:00 PM - 6:00 PM (CT)

Archway Memorial Chapel
111 Taylor Road
Hazelwood, MO 63042
(314) 895-3900
info@archwaychapel.com

Funeral Services

JUL 15. 6:00 PM (CT)

Archway Memorial Chapel
111 Taylor Road
Hazelwood, MO 63042
(314) 895-3900
info@archwaychapel.com

Tribute Wall



“ I worked out with Rita on Tuesdays and Thursdays and learned that she always liked me because I was so much like her. Stubborn and determined not to let Strokes, or get in out way. Then we realized why we were so stubborn. It had to do with our Zodiac signs. I was born on Mar 11th and she on <at 10th. AND she was born in 1948 and I in 1968. So, every year we would have lunch in the Central West End. Usually Culpeppers. We also went to the Fox to see Michael McDonnell. We had planned to go to more concerts after I moved into the city. She really comforted me after my husband died. She knew him and she knew he would expect me to go on living independently.which is exactly what Rita would want for myself and all her friends and family.

Dianne Falk - July 16, 2016 at 01:25 PM



Thank you so much for attending my mom's memorial service. She would have been so honored to know you were there!

Elizabeth Cotton - July 18, 2016 at 12:05 PM

LZ

“ Met Rita a number of years ago as a participant at Paraquad. She was a "One of a Kind" Lady.

She did enjoy plants and flowers. Being involved with the gardens that have been established out in front of Paraquad, we always dug the large Elephant Ears bulbs are planted each year. I always enjoyed bring Rita some of the bulbs in the spring to plant our side her apartment. I knew she would somehow get them plan every year to enjoy as she went to and from her apartment.

Several years we used Petunias in some of the containers. As she would arrive at Paraquad, after sometimes having walked from Hampton to Paraquad, she would come and express how much she enjoyed seeing all the flowers She would often help us by "deadheading" the petunias.

When I went inside to workout, we would often had a friendly competition by comparing calories burned and the number of miles recorded by the particular machine we were on.

Having suffered several strokes in the past, Rita would comment that she didn't have as strong a grip in her left hand because of the stroke. As she would grip my shoulders and neck as she often gave me a "Strong Hand" shoulder massage, before she left to catch the bus, I would tell her "I don't feel any weakness! in either hand!#" She would then bear down and grip that much harder.

She was a special lady we will certainly miss on Tuesday and

Thursday afternoons at the Paraquad Gym. I know we will often be saying, "Remember when Rita would do this of that"

Rita, Thank You for having been such a "Ray of Sunshine" for all of who knew you!!!

Leon Zickrick

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Leon Zickrick - July 15, 2016 at 12:40 PM



Elizabeth Cotton

Thank you so much for your kind words and memories about my mother!

Elizabeth Cotton - July 18, 2016 at 12:06 PM

SE

“*Rita loved the color purple. Every year around her birthday, we would go plant shopping and she would choose her garden colors of purple as well as other plants that stood out like the bright and beautiful person that she was. We worked together through the years to create what would become a delight for her.*

In the earlier part of the day before she passed, Rita and I were able to share some quality moments. She shared many stories and secrets on that day. She wanted me to promise to carry out some tasks for her and to let other women know of her strength and tenacity for life by sharing her story. In Rita's memory, it will be my honor and my passion to do so, as I help many women find themselves as part of my practice as a Women's Health nurse practitioner.

Her most special treasure were her three grandson's, Jason, Christian, and Kyle.

She loved you beyond words, I am so sorry for your loss.

I will miss you so much, my sweet and dearing sister, you had a heart of gold and shined it towards so many people. You taught me so many life lessons on how to be a strong and invincible female force, these lessons I will never forget.

*Be in Peace,
Sharon*

Sharon Everett - July 15, 2016 at 11:43 AM



“ *Love's Embrace Roses – White was purchased for the family of Rita Anne von Harz.*



July 15, 2016 at 12:14 AM



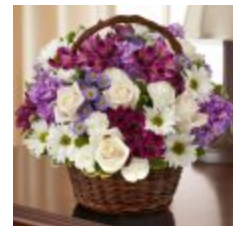
“ *Healing Tears - All White was purchased for the family of Rita Anne von Harz.*



July 14, 2016 at 11:34 PM



“ *Tera and Pam purchased the Peace, Prayers, & Blessings- Lavender and White for the family of Rita Anne von Harz.*



Tera and Pam - July 14, 2016 at 11:32 PM



“ *Eternal Peace Pedestal Arrangement was purchased for the family of Rita Anne von Harz.*



July 14, 2016 at 03:02 PM

 Sara
Sobery

“ When I was in grade school, I was never permitted to call another grown up by their first name. And then Rita demanded that I called her Rita- she even had a talk with my mother about it. And you guessed it she was the one and only one that got away with it. I think one of the most important things I learned from her even playing basketball that sometimes you have to play by your own rules- oh and to never be afraid to roll up your sleeves and play dirty if you have to

Sara Sobery - July 13, 2016 at 08:14 PM

MH

“ I remember playing with Rita and Peggy and Ben at our Aunt Mary's house in Crystal Lake, Illinois. I think we got in trouble when we lit candles in the secret room in the basement. I am sorry for her passing but know she has joined her mom and dad in heaven. God bless her and her family that mourns her loss

mary jane von harz - July 13, 2016 at 07:06 PM

DR

“ Rita was my grade school basketball coach. The Bobby Knight of St. Margaret School, she was a coach who demanded nothing but the best from her players and who didn't hesitate to let you know if she thought you weren't giving it your all. She was the first person to give me a nickname and took an awkward lanky beanpole and made her feel like a ferocious warrior. I thank you Rita for the confidence you gave me to stand out in a crowd and always make sure my voice was heard.

Rita was also my best friend's mother and I send you and the boys a huge hug Beth. All my love and condolences.

Danielle Rosche - July 13, 2016 at 02:45 PM

PD

“ Rita came to work out at the Paraquad Health and Wellness Center like clockwork. Everyone who works out on Tuesdays and Thursdays knows who Rita is. Vibrant, active and independent, she would walk to the bus stop, ride the recumbent bike for close to an hour and then finish off her session with weights. Rita loved to socialize with other participants in the gym, often coordinating lunch dates and outings. She would often regale staff and fellow participants alike with colorful stories about being a truck dispatcher, raising her children, going out dancing, and going to concerts of bands she loved. Being a lover of music, she was always singing along with the music in the gym, dancing in between exercise sets, and bringing in music to share like her James Taylor and Carole King DVD. Rita always loved friendly banter with fellow exerciser Adam, about the Cardinals and having a great sense of humor, never missed the opportunity to laugh. Rita was a great advocate for herself and others with disabilities, and generally an unstoppable force. She undoubtedly lived life to the fullest, and we will miss her terribly at the gym. The gym will be a little quieter and less fun without her. We offer our condolences.

Sincerely,

The Staff at Paraquad Health and Wellness

Pamela D Daugherty - July 13, 2016 at 09:37 AM



Elizabeth Cotton

Thank you so much for your kind words! My mother always spoke SO highly of her time at Paraquad! Thank you so much for all you and your team do to assist your disabled clients. Your services meant more than you know to my mother and truly made a difference in her life!

Elizabeth Cotton - July 13, 2016 at 01:40 PM

KS

“ *Ken And Archway Staff lit a candle in memory of Rita Anne von Harz*



Ken and Archway Staff - July 12, 2016 at 02:55 PM